Loretha: Diabetes is a lifestyle change. And it certainly helps you to know that you’re not alone on the journey. I call it a journey. I started 27 years ago and I’m still on that journey. But certainly the support that you have from your family and friends can make such a difference.

Title: Loretha’s CIRCLE OF SUPPORT

Super: Loretha Taking Lantus® (insulin glargine injection) 100 Units/mL SoloSTAR® since 2007

Loretha: Friends -- they are so important, and these past few months have been quite challenging with me. The fact that you all came to see me -- I know you don't have to be here for me to know that you're thinking about me and that you love me. But the fact that you came here with me, it makes all the difference in the world. So -- I just wanted to let you know that I thank you, and I appreciate you, and I love you, and you all look so good. [Laughter]

Vern: Loretha and I have been happily married for 34 years.

Loretha: Have we really?

Vern: 34 years. And I’m pleased to say there have been some good ones.

Title: Vern, “The ONE”

Vern: Actually, we met at work. I worked for Sears for some 38 years, and she worked for Sears for about 35, and during this time, well, we met, and December 31, 1976, we got married.

Vern: When Loretha was diagnosed with diabetes it was a traumatic matter for both of us, but considering the fact we have gone through other hurdles and I assured her that we was going to go through that one too and she had my total support.

Delilah: Loretha and I get together and we sing through songs that inspire us.

Title: Delilah “The Harmony”

Delilah: And she has the most fantastic voice. I can listen to her sing forever.

Delilah: I'll sit next to her and then I pretend like I'm singing as well as she does, and it is hilarious, because I feel so small next to her because she's so great at it, and it's absolutely hilarious, but I have so much fun.
Lynda: She says I'm the funny one because if I see something happening, I can look at Loretha and me and her, like, feeling the same thing, and we kind of laugh, you know, laugh at things.

Title: Lynda “The Sidekick”

Lynda: So sometimes when she get a little down, even now sometimes, and she’s, "Oh, I’m tired." I said, "Well, you can make it; you can make it," and she said, "Yes, I can, Linda. Thank you." She said, "I can ... I can make it."

Regina: Loretha is one of those people who just gives of herself, and because she gives so much of herself, it's easy for me to give back to her.

Title: Regina “The Shoulder”

Regina: I’m a substitute teacher for Loretha, and also, sometimes I sit in for her whenever she’s not there. I know Loretha has her challenges with her diabetes and she’d never let that get her down.

Loretha: The one thing I can say when living with diabetes -- you certainly need that circle of support. And I'm glad that I found mine.

Title: Complete your circle of support @ lantusconnection.com/support

Title: Loretha’s Tips for Lantus® (insulin glargine injection) 100 Units/mL

1. It's important to test your blood sugar levels. Your dose may increase based on your insulin needs. Your dose will probably change during your first few months taking Lantus®.

   This is not uncommon. It’s very important to work with your treating healthcare professional to find the dose that’s right for you.

2. Tracking your blood sugar is a great tool to help make decisions about your diabetes treatment plan.

   Checking your blood sugar helps you know if you’re getting the right dose of Lantus® for your insulin needs. Do not make changes to your dose or type of insulin without talking to your healthcare professional.

3. Help get the most from your treatment by making healthy choices.

   Remember that Lantus® works best as a part of an overall diabetes treatment plan. This plan includes a healthy diet and regular exercise, as well as other diabetes medications.
Mentor Network

Being part of LANTUS® Connection™ has multiple benefits, including access to an array of videos, tips and advice to help manage your blood sugar and helpful tools such as a blood sugar log.

Prescription Lantus is a long-acting insulin used to treat adults with type 2 diabetes and adults and pediatric patients (children 6 years and older) with type 1 diabetes for the control of high blood sugar.

- Do not use Lantus to treat diabetic ketoacidosis

Important Safety Information for Lantus (insulin glargine injection) 100 Units/mL

Do not take Lantus during episodes of low blood sugar or if you are allergic to insulin or any of the inactive ingredients in Lantus.

Please click here for additional Important Safety Information for Lantus.

Please click here for Full Prescribing Information for Lantus.

LORETHA On Lantus® (insulin glargine injection) 100 Units/mL since 2008

Circle of Support With Loretha

Hear Loretha discuss support and how she finds inspiration from those around her.

This Is Me

Get to know Loretha and hear how music and friends support her.

TED On Lantus® (insulin glargine injection) 100 Units/mL since 2008

Getting Fit With Ted

Ted adds exercise to his daily routine in the comfort of his home.

This Is Me

Hear how man’s best friend helps Ted manage his blood sugar.

NOEMI On Lantus® (insulin glargine injection) 100 Units/mL since 2005

Cooking Right With Noemi

See Noemi prepare a tasty chicken enchilada casserole.

This Is Me

Get up close and personal with Noemi as she talks about her favorite foods.
What is Lantus® (insulin glargine injection) 100 Units/mL?

Prescription Lantus® is a long-acting insulin used to treat adults with type 2 diabetes and adults and pediatric patients (children 6 years and older) with type 1 diabetes for the control of high blood sugar.

- Do not use Lantus® to treat diabetic ketoacidosis.

Important Safety Information For Lantus® (insulin glargine injection) 100 Units/mL

Do not take Lantus® during episodes of low blood sugar or if you are allergic to insulin or any of the inactive ingredients in Lantus®.

Do not share needles, insulin pens, or syringes with others. Do NOT reuse needles.

Before starting Lantus®, tell your doctor about all your medical conditions, including if you have liver or kidney problems, if you are pregnant or planning to become pregnant or if you are breast-feeding or planning to breast-feed.

Heart failure can occur if you are taking Lantus® together with certain medicines called TZDs (thiazolidinediones), even if you have never had heart failure or other heart problems. If you already have heart failure, it may get worse while you take TZDs with Lantus®. Your treatment with TZDs and Lantus® may need to be changed or stopped by your doctor if you have new or worsening heart failure.

Tell your doctor if you have any new or worsening symptoms of heart failure, including:

- Shortness of breath
- Sudden weight gain
- Swelling of your ankles or feet

Tell your doctor about all the medications you take, including OTC medicines, vitamins, and supplements, including herbal supplements.

Lantus® should be taken once a day at the same time every day. Test your blood sugar levels while using insulin, such as Lantus®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Any change of insulin should be made cautiously and only under medical supervision.

Do NOT dilute or mix Lantus® with any other insulin or solution. It will not work as intended and you may lose blood sugar control, which could be serious. Lantus® must only be used if the solution is clear and colorless with no particles visible. Always make sure you have the correct insulin before each injection.

While using Lantus®, do not drive or operate heavy machinery until you know how Lantus® affects you. You should not drink alcohol or use other medicines that contain alcohol.

The most common side effect of insulin, including Lantus®, is low blood sugar (hypoglycemia), which may be serious. It may cause harm to your heart or brain. Symptoms of low blood sugar may include shakiness, sweating, fast heartbeat, and blurred vision.

Lantus® may cause serious side effects that can lead to death, such as severe allergic reactions. Get medical help right away if you have:

- A rash over your whole body
- Trouble breathing
- A fast heartbeat
- Sweating
- Swelling of your face, tongue, or throat
- Shortness of breath
- Extreme drowsiness, dizziness or confusion

Other possible side effects may include swelling, weight gain, low potassium levels, injection site reactions, including changes in fat tissue at the injection site, and allergic reactions.

Click here for Full Prescribing Information for Lantus®.