

Transcript

Loretha: Diabetes is a lifestyle change. And it certainly helps you to know that you're not alone on the journey. I call it a journey. I started 27 years ago and I'm still on that journey. But certainly the support that you have from your family and friends can make such a difference.

Title: Loretha's CIRCLE OF SUPPORT

Super: Loretha Taking Lantus[®] (insulin glargine injection) 100 Units/mL SoloSTAR[®] since 2007

Loretha: Friends -- they are so important, and these past few months have been quite challenging with me. The fact that you all came to see me -- I know you don't have to be here for me to know that you're thinking about me and that you love me. But the fact that you came here with me, it makes all the difference in the world. So -- I just wanted to let you know that I thank you, and I appreciate you, and I love you, and you all look so good. [Laughter]

Vern: Loretha and I have been happily married for 34 years.

Loretha: Have we really?

Vern: 34 years. And I'm pleased to say there have been some good ones.

Title: Vern, "The ONE"

Vern: Actually, we met at work. I worked for Sears for some 38 years, and she worked for Sears for about 35, and during this time, well, we met, and December 31, 1976, we got married.

Vern: When Loretha was diagnosed with diabetes it was a traumatic matter for both of us, but considering the fact we have gone through other hurdles and I assured her that we was going to go through that one too and she had my total support.

Delilah: Loretha and I get together and we sing through songs that inspire us.

Title: Delilah "The Harmony"

Delilah: And she has the most fantastic voice. I can listen to her sing forever.

Delilah: I'll sit next to her and then I pretend like I'm singing as well as she does, and it is hilarious, because I feel so small next to her because she's so great at it, and it's absolutely hilarious, but I have so much fun.

Lynda: She says I'm the funny one because if I see something happening, I can look at Loretha and me and her, like, feeling the same thing, and we kind of laugh, you know, laugh at things.

Title: Lynda “The Sidekick”

Lynda: So sometimes when she get a little down, even now sometimes, and she's, "Oh, I'm tired." I said, "Well, you can make it; you can make it," and she said, "Yes, I can, Linda. Thank you." She said, "I can ... I can make it."

Regina: Loretha is one of those people who just gives of herself, and because she gives so much of herself, it's easy for me to give back to her.

Title: Regina “The Shoulder”

Regina: I'm a substitute teacher for Loretha, and also, sometimes I sit in for her whenever she's not there. I know Loretha has her challenges with her diabetes and she'd never let that get her down.

Loretha: The one thing I can say when living with diabetes -- you certainly need that circle of support. And I'm glad that I found mine.

Title: Complete your circle of support @ lantusconnection.com/support

Title: Loretha’s Tips for Lantus[®] (insulin glargine injection) 100 Units/mL

- 1. It's important to test your blood sugar levels. Your dose may increase based on your insulin needs. Your dose will probably change during your first few months taking Lantus[®].**

This is not uncommon. It's very important to work with your treating healthcare professional to find the dose that's right for you.

- 2. Tracking your blood sugar is a great tool to help make decisions about your diabetes treatment plan.**

Checking your blood sugar helps you know if you're getting the right dose of Lantus[®] for your insulin needs. Do not make changes to your dose or type of insulin without talking to your healthcare professional.

- 3. Help get the most from your treatment by making healthy choices.**

Remember that Lantus[®] works best as a part of an overall diabetes treatment plan. This plan includes a healthy diet and regular exercise, as well as other diabetes medications.

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Please click below for Full Prescribing Information.**

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