

Questions to Ask Your Treating Healthcare Professional About LANTUS®.

By taking NPH or Premix, you may be giving yourself more shots per day than a patient that takes LANTUS®. LANTUS® is the only 24-hour insulin approved exclusively for use once a day. It is taken once a day at the same time each day. While LANTUS® may be the right choice for you, only your treating healthcare professional can tell you for sure. Use the questions below to help guide a discussion. Remember to jot down your own questions, bring a record of your recent blood sugar readings, if you have them, and take notes during your visit.

1. How do I know which insulin is right for me?
2. What is a basal/bolus insulin regimen and how does it work?
3. What is LANTUS® and how can it help me control my blood sugar?
4. Can I take LANTUS® with other diabetes medications?
5. What is my A1C and why is this so important?
6. Would the LANTUS® SoloSTAR® pen be an option for me?

Important Safety Information

Prescription LANTUS® is for adults with type 2 diabetes or adults and children (6 years and older) with type 1 diabetes who require long-acting insulin for the control of high blood sugar.

Lantus® SoloSTAR® is a disposable prefilled insulin pen. **Needles and the Lantus® SoloSTAR® pen must not be shared.**

DO NOT DILUTE OR MIX LANTUS® WITH ANY OTHER INSULIN OR SOLUTION. It will not work as intended, and you may lose blood sugar control, which could be serious. Do not change your insulin without talking with your doctor. The syringe must not contain any other medication or residue. You should not use LANTUS® if you are allergic to insulin. LANTUS® is a long-acting insulin you inject just once a day, at the same time each day. **You must test your blood sugar levels while using an insulin such as LANTUS®.**

The most common side effect of insulin, including LANTUS®, is hypoglycemia, which may be serious.

Other possible side effects may include injection site reactions, including changes in fat tissue at the injection site reactions, including changes in fat tissue at the injection site, and allergic reactions, including itching and rash. In rare cases, some allergic reactions may be life threatening. Tell your treating healthcare professional about other medicines and supplements you are taking because they can change the way insulin works.

In clinical studies in adult patients, there was a higher incidence of injection site pain (2.7% vs. 0.7%) among insulin glargine patients compared with NPH human insulin. The reports were usually mild and did not result in discontinuation of therapy.

Please [click here](http://products.sanofi-aventis.us/lantus/lantus.html) or visit: <http://products.sanofi-aventis.us/lantus/lantus.html> for additional Important Information

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