

## Questions to Ask Your Treating Healthcare Professional About LANTUS®.

By taking NPH or Premix, you may be giving yourself more shots per day than a patient that takes LANTUS®. LANTUS® is the only 24-hour insulin approved exclusively for use once a day. It is taken once a day at the same time each day. While LANTUS® may be the right choice for you, only your treating healthcare professional can tell you for sure. Use the questions below to help guide a discussion. Remember to jot down your own questions, bring a record of your recent blood sugar readings, if you have them, and take notes during your visit.

---

1. How do I know which insulin is right for me?
2. What is a basal/bolus insulin regimen and how does it work?
3. What is LANTUS® and how can it help me control my blood sugar?
4. Can I take LANTUS® with other diabetes medications?
5. What is my A1C and why is this so important?
6. Would the LANTUS® SoloSTAR® pen be an option for me?

## Important Safety Information

Do not take Lantus® if you are allergic to insulin or any of the inactive ingredients in Lantus®.

You must test your blood sugar levels while using insulin, such as Lantus®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Any change of insulin should be made cautiously and only under medical supervision.

**Do NOT dilute or mix Lantus® with any other insulin or solution.** It will not work as intended and you may lose blood sugar control, which could be serious. Lantus® must only be used if the solution is clear and colorless with no particles visible. **Do not share needles, insulin pens or syringes with others.**

**The most common side effect of insulin, including Lantus®, is low blood sugar (hypoglycemia), which may be serious.** Some people may experience symptoms such as shaking, sweating, fast heartbeat, and blurred vision. Severe hypoglycemia may be serious and life threatening. It may cause harm to your heart or brain. Other possible side effects may include injection site reactions, including changes in fat tissue at the injection site, and allergic reactions, including itching and rash. In rare cases, some allergic reactions may be life threatening.

Tell your doctor about other medicines and supplements you are taking because they can change the way insulin works. Before starting Lantus®, tell your doctor about all your medical conditions including if you have liver or kidney problems, are pregnant or planning to become pregnant, or are breast-feeding or planning to breast-feed.

In clinical studies in adult patients, there was a higher incidence of injection site pain (2.7% vs. 0.7%) among Lantus® patients compared with NPH insulin. The reports were usually mild and did not result in discontinuation of therapy.

Lantus® SoloSTAR® is a disposable prefilled insulin pen. Please talk to your healthcare provider about proper injection technique and follow instructions in the Instruction Leaflet that accompanies the pen.

## Indications and Usage

Prescription Lantus® is a long-acting insulin used to treat adults with type 2 diabetes and adults and children (6 years and older) with type 1 diabetes for the control of high blood sugar. It should be taken once a day at the same time each day to lower blood glucose.

Do not use Lantus® to treat diabetic ketoacidosis.

**Please [click here](http://products.sanofi-aventis.us/lantus/lantus.html) or visit: <http://products.sanofi-aventis.us/lantus/lantus.html> for Full Prescribing Information**

©2010 sanofi-aventis U.S. LLC