

## Not Getting Good Blood Sugar Control With Diabetes Pills Alone? Ask Your Treating Healthcare Professional If You Should Add LANTUS® Insulin.

Is LANTUS® right for you? Only your treating healthcare professional can help you decide. To help with your discussion, use this convenient guide to prepare for your next appointment with your treating healthcare professional. Remember to jot down your own questions, bring a record of your recent blood sugar readings, if you have them, and take notes during your visit.

1. Is my blood sugar in control?
2. If I'm feeling OK, why should I change my diabetes treatment plan?
3. Should we consider adding insulin?
4. If I start taking insulin, does that mean I now have type 1 diabetes?
5. How does insulin work in my body?
6. Will it be hard to give myself injections?
7. Is it going to hurt?
8. Will I have to test my blood sugar more often?
9. What are the benefits to lowering my blood sugar?
10. Is insulin the best way to lower my blood sugar?
11. What is LANTUS® and how can it help me control my blood sugar?
12. Would the LANTUS® SoloSTAR® pen be an option for me?

### Important Safety Information

Do not take Lantus® if you are allergic to insulin or any of the inactive ingredients in Lantus®.

You must test your blood sugar levels while using insulin, such as Lantus®. Do not make any changes to your dose or type of insulin without talking to your healthcare provider. Any change of insulin should be made cautiously and only under medical supervision.

**Do NOT dilute or mix Lantus® with any other insulin or solution.** It will not work as intended and you may lose blood sugar control, which could be serious. Lantus® must only be used if the solution is clear and colorless with no particles visible. **Do not share needles, insulin pens or syringes with others.**

**The most common side effect of insulin, including Lantus®, is low blood sugar (hypoglycemia), which may be serious.** Some people may experience symptoms such as shaking, sweating, fast heartbeat, and blurred vision. Severe hypoglycemia may be serious and life threatening. It may cause harm to your heart or brain. Other possible side effects may include injection site reactions, including changes in fat tissue at the injection site, and allergic reactions, including itching and rash. In rare cases, some allergic reactions may be life threatening.

Tell your doctor about other medicines and supplements you are taking because they can change the way insulin works. Before starting Lantus®, tell your doctor about all your medical conditions including if you have liver or kidney problems, are pregnant or planning to become pregnant, or are breast-feeding or planning to breast-feed.

Lantus® SoloSTAR® is a disposable prefilled insulin pen. Please talk to your healthcare provider about proper injection technique and follow instructions in the Instruction Leaflet that accompanies the pen.

### Indications and Usage

Prescription Lantus® is a long-acting insulin used to treat adults with type 2 diabetes and adults and children (6 years and older) with type 1 diabetes for the control of high blood sugar. It should be taken once a day at the same time each day to lower blood glucose.

Do not use Lantus® to treat diabetic ketoacidosis.

Please **click here** or visit: <http://products.sanofi-aventis.us/lantus/lantus.html> for Full Prescribing Information

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